

## Our Respite Care Breaks

We have over 30 years' experience supporting people with our 'can do' approach to life.

We provide respite holidays for disabled adults age 18 and over in a fun holiday environment with a range of activities and packages to suit everyone. We will tailor your break to meet your needs as an individual visiting on your own, as a couple, or as a family.

Personalised care plans are the centre of our provision, enabling you to be involved in how you would like to experience your care and your holiday. Our highly qualified, motivated and experienced team are available 24 hours a day, to provide you with our top quality care provision. Speak to our care team to discuss your night care needs.

Our guests are encouraged to take part in activities, safe in the knowledge that they will be supported by our professional care and activity teams.

**Care breaks are available from February to December. Visit [www.calvertkielder.org.uk](http://www.calvertkielder.org.uk) for further information or Call us on 01434250232**



"I wouldn't be the person I am now if it wasn't for the help and encouragement I get when I come to Calvert Kielder"  
 "I have got my sense of humour back as you can see"

For booking enquiries, contact 01434 250232 or [enquiries@calvert-kielder.com](mailto:enquiries@calvert-kielder.com)



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 Registered in England No. 1596913.



## Themed Care Breaks 2025



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Take a break in the countryside in our fully accessible centre catering for your individual needs.

Guests love to meet up with their friends throughout the year for our regular themed weeks, where fun and laughter are guaranteed.



### Pamper Week

3-10 February  
10-17 February  
17-24 February

Yes, you do deserve to be pampered. Sleep late, soak in a bubble bath, have a make-over and enjoy relaxing aromatherapy treatments.

### Blokey Week

17-24 February  
10-17 November

Leave the Ladies at home. Indulge your D.I.Y skills, attend a local sporting event and taste some real ales or maybe visit a distillery



### Northumbrian Week

2-9 June

A chance to explore wonderful Northumberland. Visit traditional market towns, castles and parks, and take in the beautiful countryside as you meander along Hadrian's Wall.



### Water Week

12-19 May  
16 -23 June

If you love water sport activities, don't miss this opportunity to have some fun in the pool and on Kielder Water.

### The Young @ Heart

28 April – 5 May

Aimed at those under 35, a chance to make new friends and catch up with old ones and experience exciting outdoor activities.



### Go Wild Week

7 - 14 April  
8 – 15 September

Discover and enjoy the flora and wildlife of Kielder Water & Forest Park.

### Creative Week

17-24 March

Show off your craft making ideas and make that special gift for someone or simply make yourself a little keepsake to take home. The choice is yours.



### Neurological Conditions Week

14-21 April

An opportunity to try our challenging outdoor activities or simply relax and experience the tranquillity of our stunning location.

### Halloween Week

13 - 20 October & 20-27 October  
27 October - 3 November

Let your senses guide you through dark nights in the haunted forest, learn traditional turnip carving and move to the music in the Spooky Disco.



### Festive Break

24 Nov - 3 December

3 Dec -12 December

Your festive break will include activities, shopping, a trip to the panto, baking, party night and a hearty Christmas Dinner...Ho Ho Ho!

