# **Our Respite Care Breaks**

We have over 25 years' experience supporting people with our 'can do' approach to life.

We provide respite holidays for disabled adults age 18 and over in a fun holiday environment with a range of activities and packages to suit everyone. We will tailor your break to meet your needs as an individual visiting on your own, as a couple, or as a family.

Personalised care plans are the centre of our provision, enabling you to be involved in how you would like to experience your care and your holiday. Our highly qualified, motivated and experienced team are available 24 hours a day\*, to provide you with our top quality care provision.

\*Currently night care is via a call system. Speak to our care team to discuss your night care needs.

Our guests are encouraged to take part in activities, safe in the knowledge that they will be supported by our professional care and activity teams.

Care breaks are available from February to December.

Visit www.calvertkielder.org.uk for further information or call 01434 250232 to speak to a member of the team.







"I did so much at Kielder that I never imagined possible. I can't describe the confidence this has given me, I left feeling like I could take on the world and that even the seemingly impossible is in fact possible." Rebecca Forster

For booking enquiries, contact 01434 250232 or enquiries@calvert-kielder.com





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Themed Care Breaks 2020 Calvert Kielder



Dignity • Respect • Independence • Freedom

www.calvertkielder.org.uk

## **Themed Care Breaks 2020**

Take a break in the countryside in our fully accessible centre catering for your individual needs.

Guests love to meet up with their friends throughout the year for our regular themed weeks, where fun and laughter are guaranteed.



### Pamper Week

### 10 – 17 February

Yes, you do deserve to be pampered. Sleep late, soak in a bubble bath, have a make-over and enjoy relaxing aromatherapy treatments.

#### **Blokey Week**

#### 24 February – 2 March

Leave the ladies at home. Indulge your D.I.Y skills, attend a local sporting event and taste some real ales or maybe a visit to the newly opened local distillery.





#### Northumbrian Week

#### 27 April – 4 May

A chance to explore wonderful Northumberland. Visit traditional market towns, castles and parks, and take in the beautiful countryside as you meander along Hadrian's wall.



#### Water Week

### 4 – 11 May

If you love water sport activities, don't miss this opportunity to have some fun in the pool and on Kielder Water.

Go Wild Week

Discover and enjoy the flora

and wild life of Kielder

6 – 13 April

8 – 15 June

### The Young Ones Week

#### 25 May – 1 June

Aimed at those under 35, a chance to make new friends and catch up with old friends, while having a great time experiencing exciting outdoor activities.



#### MS Week

13 – 20 April 24 – 31 August

A unique break for people who are living with MS. Try outdoor activities you never thought possible or simply relax and experience the tranquillity of our stunning location.





#### Neurological Conditions Week

#### 5 – 12 October

An opportunity for people with neurological conditions to try our challenging outdoor activities or simply relax and experience the tranquillity of our stunning location.

### Halloween Week

26 October – 1 November Let your senses guide you through dark nights in the haunted forest, learn traditional turnip carving and move to the music in the Spooky Disco.





Your festive break will include activities, shopping, a trip to the panto, baking, party night and a hearty Christmas Dinner... Ho Ho Ho!

4 – 14 December (10 nights)



### Prices from £1,125

# www.calvertkielder.org.uk