# Armed Forces & Veterans





Time Out • Rebuild • Move Forward • Succeed

www.calvertkielder.org.uk

Tailored activity and residential breaks in the stunning Kielder Water & Forest Park to support the transition to a happy and successful civilian life for forces personnel and their families.

# **Partnership Working**

Calvert Kielder works closely with a number of organisations who support serving and ex-serving members of the forces, their families and carers.







We are proud to partner with Walking With The Wounded (WWTW) to deliver The Northern Care Coordination Partnership (NCCP) project in the North East and North West of England. Visit www.walkingwiththewounded.org.uk for further information.





We work with Finchale Group who aim to be the provider of choice for holistic services which support individuals and their families from the Armed Forces Community achieve their full potential. Visit www.finchalegroup.co.uk for further information.

## **Funding**

We occasionally receive funding from benefactors and organisations to contribute towards a visit. Please speak to a member of our team to ask about current bursary support availability.



## **Family Experiences**

Spend quality time away with family and friends; enjoy a fun packed and adrenaline fuelled adventure or a chilled out luxury escape in spectacular scenery, come for the day or stay a little longer.

#### **Self-Catering Holidays**

Choose from our fantastic range of accessible self-catering accommodation and stay for 3, 4 or 7 nights all year round including Christmas and New Year. Pets are welcome in some accommodation, for an additional charge. Relax in tranquil surroundings or try our adrenalin-packed activities.

#### **Activity Holidays**

Your inclusive activity holiday includes accommodation, home cooked breakfast, lunch and evening meal and a wide range of on and off-site activities. Our team will tailor an overnight or multi day programme of exhilarating, fun and challenging activities.

# Respite Care Breaks (Adults Aged 18 and Over)

Our award-winning affordable and flexible care packages for adults aged 18 and over include 24-hour care provision in en suite rooms, all meals, snacks, drinks and activities. Take a break from everyday life in a supported environment where you can try new challenges and experiences, meet new people and make new friends. We will tailor your break to meet your needs as an individual visiting on your own, as a couple, or as a family.



#### **Bed and Breakfast**

Book bed and breakfast in our en suite centre bedrooms. Discover and explore Kielder Water & Forest Park or try one of our land or water Activity Packages.

#### **Activity Packages**

Visit for the day and choose one of our exhilarating activity packages. Experience the Kielder ZipCoaster, Europe's 1st AvatarOne™, dare to fly on the King Swing or relish the confidence that comes from mastering the 15 metre High Ropes Course. Learn to canoe or sail our trimaran.



### **Adventure Training**

Our range of stimulating and inspiring physical and mental challenges will push your squad to a new level. We'll help you to achieve your goals, improve communication, motivate and re-energise; develop leadership skills, strengthen relationships, build trust, increase team spirit and have fun.

We offer fully catered residential or day adventure training experiences and can tailor a package to meet your objectives.



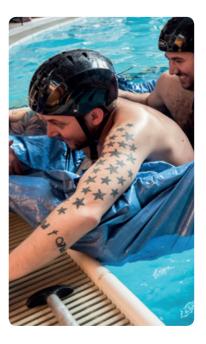
Our aim is to provide support for former service personnel who may be struggling with the challenges and culture shock of adjusting to civilian life and a civilian workplace.

Our Transitions Programme will help participants to work on achieving individual and team objectives, push themselves to try new things and rebuild the confidence to go forward in their lives.

Accommodation in shared rooms, full English breakfast, lunch and dinner prepared by our in house chefs and a range of challenging activities each day.

We believe a short break at Calvert Kielder can be a small step on the path to a much deserved and successful return to civilian life for our armed forces veterans.







# Accommodation and Facilities

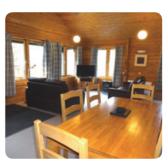
We offer a range of fully accessible on-site accommodation which includes; bed linen, towels, access to free WiFi, use of the hydrotherapy pool, sensory room and access to our bar. Menu options are available; our chefs cater for dietary requirements.



For your peace of mind, we are registered with AALS (Adventure Activities Licensing Service), and all activities are led by experienced and qualified instructors, who hold National Governing Body Qualifications including RYA (Royal Yachting Association) and have undertaken specialist training in running safe activities for those with different abilities. All staff are fully DBS checked and Calvert Kielder is registered with the Care Quality Commission.

#### **How to Book**

To arrange a bespoke programme or for more information please contact our team on 01434 250232 or email enquiries@calvert-kielder.com or visit www.calvertkielder.org.uk for further information.







# **Activity Options**

Our Activities Team will work together with you to create a programme to meet your needs. Our range of activities include:



**Abseiling** 



**Axe Throwing** 



Geocaching and Orienteering



All Aboard



Canoeing



**High Ropes Course** 



**Archery** 



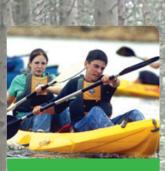
**Crate Stacking** 



**Indoor Climbing Wall** 



**Jacobs Ladder** 



Kayaking



**Laser Clay Shooting** 



**Motor Cruiser** 



The Rack



Kielder ZipCoaster



Leap of Faith



**Rock Climbing** 



Velcro Olympics



King Swing



**Low Ropes Course** 



Sailing



Zip Wire



### Discover and Explore Kielder

Situated in the breathtaking Kielder Water & Forest Park, home to the largest man-made lake in Europe, we offer the perfect base for fun and adventure.

As one of the UK's most beautiful areas, this location offers 27 glorious miles of shoreline, a magical environment full of wildlife and flora, fresh, clean air and magnificent expansive horizons – plenty to fuel the imagination!

Local facilities and activities in the surrounding area include the multi-user Lakeside Way, Kielder mountain bike trails, forest walks, and historical sites in Northumberland, Cumbria and the Scottish Borders

The Northumberland International Dark Sky Park is the largest area of protected dark skies in Europe and is home to the award winning Kielder Observatory.

#### Find and Contact Us



Terms & Conditions apply Brochure available in large print













Fund for Rural Development: Europe investing in rural areas

Calvert Kielder, Kielder Water & Forest Park, Hexham, Northumberland NE48 1BS

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For booking enquiries, contact our team on 01434 250232 or enquiries@calvert-kielder.com

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